

AUGUST 2008

# Good Housekeeping

YOU CAN  
**WIN**  
\$250,000!  
"Instant Nest Egg"  
SWEEPSTAKES  
p. 108

## Summer's SUPER FOODS

**35** Easy,  
delicious,  
healthy meals

## Snack- All-Day Diet

Rev up your  
metabolism—  
and *lose big!*

## More Money, Less Stress!

Part-time jobs that *really* pay

## MERYL STREEP

The life lesson she  
keeps on learning

## Humidity-Proof Your Hair

Fix frizz, flatness, more



60-Second  
Centerpiece,  
p. 84

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0 74851 08345 1  
\$2.50